



CHILDBIRTH EDUCATION
REGISTRATION FORM



Name _____

Address _____

City/State/Zip _____

Evening Phone (_____) _____

Day Phone (_____) _____

Email Address _____

Due Date _____

Name of OB/GYN _____

Method of Payment

Check Visa/MC Amex Discover

Credit card # _____

Expires on _____

Signature _____

Please make checks payable to: **The Western Pennsylvania Hospital**. Send completed registration form, along with payment, to the following address (please do not send cash or bring payment to class):

The Western Pennsylvania Hospital, Childbirth Education Office,
Maternal/Child Women's Services, 2 North, Nursing
Administration, 4800 Friendship Avenue, Pittsburgh, PA 15224

Childbirth Education

HOW TO REGISTER

Send a completed registration form, along with payment, to the address shown on the registration form. You will receive a letter confirming your enrollment. If a class is full, you will be notified by phone and given alternate dates. Early registration is recommended, as class sizes are limited.

You may wish to check with your insurance company to determine whether your plan allows for full or partial reimbursement of prenatal classes. At your request, we will provide you with a receipt after you have completed the final class.

REDUCED FEE PACKAGE

Couples can save \$15 by registering for our Childbirth Education Package which includes the following classes: Baby Care Basics, Lamaze and Breastfeeding Your Baby.

EMPLOYEE DISCOUNT

For most classes, WPAHS employees qualify for a discounted fee. Call 412-578-7030 for details.

CLASS LOCATIONS

The Western Pennsylvania Hospital
4800 Friendship Avenue, Pittsburgh, PA 15224

Destination Wellness (Pittsburgh Mills Mall)*
556 Pittsburgh Mills Circle, Tarentum, PA 15084

Federal North
1307 Federal Street, Pittsburgh, PA 15212

Dr. Denice Leonard's Office
100 North Pointe Circle, Suite 103, Seven Fields, PA 16046

* Please refer to registration form for classes offered at this location.

Call 412-578-7030 for information about classes at any of these locations.

All registrations are to be mailed to The Western Pennsylvania Hospital, regardless of the site chosen.

REFUNDS

Refunds are granted in cases of premature delivery or medical complications. West Penn Hospital must receive a letter from your physician explaining the reason for the refund. Refunds are pro-rated to reimburse only those classes not attended. A refund for non-medical reasons *must* be requested at least three weeks prior to the beginning of the class.

The Western Pennsylvania Hospital reserves the right to cancel class at any time.



WEST PENN ALLEGHENY HEALTH SYSTEM

4800 Friendship Avenue
Pittsburgh, PA 15224

www.wpahs.org

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WPH24605.mt.3M



Childbirth Education

CLASS SCHEDULE
JULY - DECEMBER 2010



LAMAZE PREPARED CHILDBIRTH

4 week series

West Penn Hospital Burstin Rooms

Tuesdays, July 6-27, 6:30-9 p.m.

Sundays, August 8-29, 2:30-5 p.m.

Tuesdays, September 7-28, 6:30-9 p.m.

Sundays, October 3-24, 2:30-5 p.m.

Tuesdays, November 2-23, 6:30-9 p.m.

Sundays, December 5-19, 2-5 p.m. (please note that this class is only three weeks)

LAMAZE ONE-DAY

9 a.m.-5:30 p.m.

West Penn Hospital Burstin Rooms

Saturday, July 10

Saturday, July 24

Saturday, August 7

Saturday, August 21

Sunday, September 12

Saturday, September 25

Saturday, October 9

Saturday, October 23

Saturday, November 13

Sunday, November 28

Saturday, December 11

Seven Fields

Saturday, August 28

Saturday, November 20

Federal North

Sunday, July 25

Saturday, October 2

BABY CARE BASICS

2 week series, 7-9 p.m.

West Penn Hospital Burstin Rooms

Thursday, July 15 & 22

Tuesday, August 10 & 17

Thursday, September 16 & 23

Tuesday, October 5 & 12

Thursday, November 4 & 11

Tuesday, December 7 & 14

BABY CARE BASICS

3-hour class (NO pediatrician)

West Penn Hospital

Thursday, July 1, 6-9 p.m. – Burstin Rooms

Tuesday, August 31, 6-9 p.m. – Burstin Rooms

Saturday, October 16, 9 a.m.-noon – Burstin Rooms

Thursday, October 28, 6-9 p.m. – Burstin Rooms

Monday, November 29, 6-9 p.m. – Burstin Rooms

Thursday, December 2, 6-9 p.m – Allegheny Rooms

Saturday, December 18, 9 a.m. to noon – Burstin Rooms

Seven Fields

Saturday, August 14, 9 a.m. – noon

Saturday, September 18, 9 a.m. – noon

Federal North

Saturday, July 17, 9 a.m. – noon

Saturday, November 6, 9 a.m. – noon

Destination Wellness

Wednesday, July 7, 6-9 p.m.

Wednesday, October 6, 6-9 p.m.

PRENATAL BREASTFEEDING

3-hour class

West Penn Hospital

Thursday, July 8, 6-9 p.m. – Burstin Rooms

Sunday, July 18, 2-5 p.m. – Burstin Rooms

Thursday, August 12, 6-9 p.m. – Burstin Rooms

Saturday, August 28, 9 a.m.-noon – Burstin Rooms

Thursday, September 2, 6-9 p.m. – Burstin Rooms

Monday, September 13, 6-9 p.m. – Burstin Rooms

Sunday, September 26, 2-5 p.m. – Burstin Rooms

Sunday, October 3, 2-5 p.m. – Allegheny Rooms

Thursday, October 14, 6-9 p.m. – Burstin Rooms

Monday, October 25, 6-9 p.m. – Burstin Rooms

Saturday, November 20, 9 a.m.-noon – Burstin Rooms

Tuesday, November 30, 6-9 p.m. – Burstin Rooms

Thursday, December 9, 6-9 p.m. – Burstin Rooms

Monday, December 20, 6-9 p.m. – Burstin Rooms

Destination Wellness

Wednesday, August 11, 6-9 p.m.

Wednesday, November 10, 6-9 p.m.

BIRTHING WITH AN EPIDURAL

West Penn Hospital Burstin Rooms

Monday, July 26, 6:30-9 p.m.

Monday, September 27, 6:30-9 p.m.

Monday, November 22, 6:30-9 p.m.

Destination Wellness

Wednesday, September 1, 6:30-9 p.m.

Wednesday, December 1, 6:30-9 p.m.

Please refer to our website for more detailed class information: www.wpahsobgyn.org

OB HOSPITAL TOURS

West Penn Hospital

Saturday, July 10, 1:30-2:30 p.m. – Allegheny Rooms

Monday, July 12, 7-8 p.m. – Burstin Rooms

Thursday, July 29, 7-8 p.m. – Burstin Rooms

Tuesday, August 3, 7-8 p.m. – Burstin Rooms

Saturday, August 14, 1:30-2:30 p.m. – Burstin Rooms

Thursday, August 19, 7-8 p.m. – Burstin Rooms

Monday, August 23, 7-8 p.m. – Burstin Rooms

Sunday, August 29, 6-7 p.m. – Burstin Rooms

Thursday, September 9, 7-8 p.m. – Burstin Rooms

Saturday, September 11, 1:30-2:30 p.m. – Burstin Rooms

Monday, September 20, 7-8 p.m. – Burstin Rooms

Thursday, September 30, 7-8 p.m. – Burstin Rooms

Monday, October 11, 7-8 p.m. – Burstin Rooms

Saturday, October 16, 1:30-2:30 p.m. – Burstin Rooms

Thursday, October 21, 7-8 p.m. – Burstin Rooms

Tuesday, October 26, 7-8 p.m. – Burstin Rooms

Saturday, November 6, 1:30-2:30 p.m. – Allegheny Rooms

Thursday, November 18, 7-8 p.m. – Burstin Rooms

Monday, December 6, 7-8 p.m. – Burstin Rooms

Sunday, December 12, 6-7 p.m. – Burstin Rooms

Saturday, December 18, 1:30-2:30 p.m. – Burstin Rooms

Tuesday, December 21, 7-8 p.m. – Burstin Rooms

INFANT CPR AND SAFETY

West Penn Hospital

Monday, July 5, 6-9 p.m. – Burstin Rooms

Monday, July 19, 6-9 p.m. – Burstin Rooms

Sunday, July 25, 2-5 p.m. – Burstin Rooms

Thursday, August 5, 6-9 p.m. – Allegheny Rooms

Monday, August 16, 6-9 p.m. – Burstin Rooms

Monday, August 30, 6-9 p.m. – Burstin Rooms

Sunday, September 12, 2-5 p.m. – Allegheny Rooms

Sunday, September 19, 2-5 p.m. – Burstin Rooms

Thursday, September 30, 6-9 p.m. – Allegheny Rooms

Monday, October 4, 6-9 p.m. – Burstin Rooms

Tuesday, October 19, 6-9 p.m. – Burstin Rooms

Saturday, October 23, 9 a.m.-noon – Allegheny Rooms

Sunday, November 7, 2-5 p.m. – Burstin Rooms

Monday, November 15, 6-9 p.m. – Burstin Rooms

Sunday, November 21, 2-5 p.m. – Burstin Rooms

Saturday, December 4, 9 a.m.-noon – Burstin Rooms

Monday, December 13, 6-9 p.m. – Burstin Rooms

Destination Wellness

Wednesday, September 22, 6-9 p.m.

Wednesday, December 8, 6-9 p.m.

SIBLING PREPARATION

Saturdays, 10:30 a.m. - noon – West Penn Hospital

July 10 – Allegheny Rooms

September 11 – Burstin Rooms

November 6 – Burstin Rooms

Payment is enclosed for the following classes:

Class	Start Date of Series	Location (Please print location you will be attending)	Fee
Lamaze Prepared Childbirth		West Penn Hospital only	\$90/couple (tour included)
One Day Lamaze			\$90/couple (tour included)
Baby Care Basics			\$60/couple
Prenatal Breastfeeding Preparation			\$35/couple
Infant and Child CPR/Safety **			\$30/person
Hospital Tour		West Penn Hospital only	No cost
Sibling Preparation*		West Penn Hospital only	\$20/family (no employee discount)
Birthing with an Epidural			\$30/couple
Reduced Fee Package – see brochure for details; list dates above for classes <i>Package includes: Lamaze, Baby Care Basics: and Breastfeeding Basics</i>			\$160/couple

Name(s) of sibling(s) attending **Sibling Preparation**

** Name(s) of Infant and Child CPR/Safety participant(s)